

Working Jams:

# WHAT MUSIC SHOULD YOU LISTEN TO ON THE JOB?

Oftentimes, the type of music you listen to at work determines your level of productivity. This makes the tunes you choose very important. Want to know the right (and wrong) playlist for your profession? Read—and rock—on.

**MUSIC GENRES:**

- AMBIENT
- BAROQUE/CLASSICAL
- CLASSIC ROCK
- COUNTRY
- DUBSTEP
- HEAVY METAL
- INDIE ROCK
- JAZZ
- OLDIES
- POLKA
- POP
- PUNK
- RAP/HIP-HOP
- REGGAE
- ROCK
- SMOOTH JAZZ
- TECHNO/TRANCE

**BEST WAY TO LISTEN:**

- HEADPHONES
- COMPACT HIFI SPEAKER SYSTEM
- BOOMBOX
- CAR STEREO

START

ARE YOU ON THE MOVE WHILE YOU WORK?

YES.

NO, I DO MOST OF MY WORK FROM A DESK.

I'M ON MY FEET ALL DAY.

I'M ON WHEELS ALL DAY.

IS YOUR JOB TO BE CREATIVE, SUCH AS AN ARTIST, MUSICIAN, OR WRITER?

YES.

I'M IN CONSTRUCTION

Background music is motivating, but if it's not loud, it'll get drowned out by the power tools.

Recommended:   
Don't listen to:

I'M AN ATHLETE OR A COACH

You need music to pump you or others up.

Recommended:   
Don't listen to:

I'M A BARTENDER OR A BARISTA

Unless you work at Starbucks, you can probably listen to whatever you want—as long as it doesn't scare away your customers.

Recommended:   
Don't listen to:

I'M A TEACHER.

WHAT GRADE DO YOU TEACH?

KINDERGARTEN

Think fun and wholesome.

Recommended:   
Don't listen to:

9TH GRADE

Play music that has a groove and will also earn you respect.

Recommended:   
Don't listen to:

ARE YOU DRIVING A MOTORIZED VEHICLE?

YES.

NO, I RIDE A BIKE.

HOW MANY WHEELS?

RESULT

Are you trying to get yourself killed? Keep your ears tuned to the sounds of the road.

4 WHEELS

You are likely transporting people.

Recommended:   
Don't listen to:

18 WHEELS

Chances are you're driving long distances and need to listen to music that keeps you alert and awake.

Recommended:   
Don't listen to:

WHAT IS IT YOU DO?

CREATIVE CAT

Research shows that listening to baroque and classical music stimulates creativity and brain activity. But other types of music will also do the trick.

Recommended:   
Don't listen to: No restrictions here.  
Whatever floats your boat.

I'M CHAINED TO MY COMPUTER ALL DAY, JUST CRANKING AWAY TO GET TO THE NEXT PAYDAY.

I WORK WITH NUMBERS

You need music with a steady beat.

Recommended:   
Don't listen to: No restrictions here.

I'M A PROGRAMMER

You need music to help you stay focused, but also awake.

Recommended:   
Don't listen to:

IN WHAT KIND OF SETTING?

COLLEGE

Your teaching college because someone thinks your lectures are music for the soul. No music necessary here.

I WORK IN RETAIL.

WHAT TYPE OF STORE DO YOU WORK IN?

I WORK AT A RECORD STORE

Listen to whatever pretentious music you fancy — as long as no one else in the store has heard it before.

Recommended:   
Don't listen to:

I WORK IN A DEPARTMENT STORE

You don't have much of a choice: it's smooth jazz for you!

SONOS